

PSYCH-LINKS

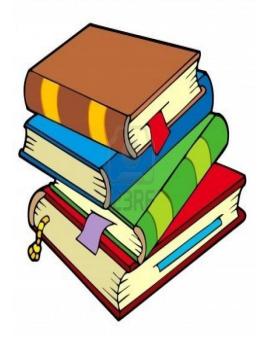
The Clinical Psychology Graduate Practicum Newsletter University of Victoria

Nov 2015 Volume Eight

Editor: Lara Robinson, Psychology Clinic Director & Practicum Coordinator

Director of Clinical Training: Catherine Costigan

Clerical Support: Lori-Ann Larsen



Inside This Issue:

- 2 Practicum Coordinator's Comments
- 3 Director of Clinical Training Update

HIGHLIGHTS

- 4 Clinical Psychology Faculty Member
- 5 Clinical Practicum Site
- 6 Students on Internship
- 7 Psychology Clinic Journal Club Update
- 8 Current Clinical Psychology Practicum Sites
- 9 Current Clinical Psychology Faculty Members

Practicum Coordinator's Comments



Dr. Lara Robinson It has been a busy 12 months with the accreditation process. I want to thank all of the practicum supervisors for responding to all of my requests for information. It really assisted me in pulling together strong documentation with regards to our practicum training. Please see the DCT comments section regarding the good news about our reaccreditation. Also, the new practicum evaluation form has been in use for just over one year. I look forward to hearing your feedback about the form at the practicum reception. If you cannot attend, please feel free to email me with any feedback you have about the form or any other updates you have regarding your practicum site.

As with every year, I continue to be grateful for the hard work and commitment of all of our practicum supervisors. For the January-

November 2015 period, we had students at 19 practicum sites in the Greater Victoria Area and across Canada, including:

- UVic Psychology Clinic, Victoria, BC
- Anxiety Disorder Clinic, Island Health, Adult Mental Health Services, Victoria, BC
- UVic Student Counselling Centre, Victoria, BC
- Saanich Child and Youth Mental Health, Victoria, BC
- Victoria Child and Youth Mental Health, Victoria, BC
- Neuropsychological Services at QACCHealth, Victoria, BC
- Inpatient & Outpatient Mental Health Services at QACCHealth, Victoria, BC
- Youth Forensic Psychiatric Services, Victoria, BC
- VGH Outpatient Neurorehabilitation, Victoria, BC
- Forensic Psychiatric Services Adult, Victoria, BC
- A.T. Malcolm & Associates Therapy, Victoria, BC
- Mental Health Services, Canadian Forces, Victoria, BC
- Developmental Disability Mental Health Team, Island Health, Victoria, BC
- Medical Psychology Rotation, Children's Hospital, Vancouver, BC
- Peggy Kleinplatz Private Practice, Ottawa, ON
- Clinical Health Psychology HIV practicum, Ottawa Hospital, Ottawa, BC
- Baycrest Centre for Geriatric Care, Toronto, ON
- Child & Adolescent Services, Clinical Health Psychology, Health Sciences Centre, University of Manitoba
- St. Boniface Hospital, WRHA Clinical Health Psychology Program

Many of these sites have provided supervision for more than one student during this time period. I would like to thank all of the practicum supervisors for your time, commitment and dedication to our students and contribution to our program's commitment to delivering high quality training! *LR*

Director of Clinical Training Update



Dr. Catherine Costigan It is my great pleasure to share the news that our program has been granted re-accreditation by the Canadian Psychological Association for another full seven years. This is a longest period of accreditation that allow. We are naturally quite happy with this result, mostly because it shows that the quality of our training program is recognized and validated by others in the profession (and a little because it means that all of the work involved in the reaccreditation process is further in the future!). A sincere thank-you to all of you in our training community who contribute to the excellent training of the graduate students in our program; we definitely couldn't do this without you. An extra thanks for the terrific turn-out in April during the site visit.

With more mixed emotions, I note the retirement of Dr. Kim Kerns at the end of this year. Our program has benefited tremendously from Kim's exceptional knowledge of pediatric neuropsychology. Through her research, teaching, and clinical practice, Kim has played a key role in the training of a generation of neuropsychologists, to say nothing of the countless children whose lives she has touched. Although we will be sad for our program's loss, we know that exciting adventures and peaceful island times await Kim during her retirement, and we wish her all the best.

In September we welcomed six new students to the program:

- **Hannah Mohun** (Clinical Lifespan, Dr. Ulrich Mueller, supervisor)
- **Keara Rodd** (Clinical Lifespan, Dr. Marsha Runtz, supervisor)
- Vanessa Scarapicchia (Clinical Neuropsychology, Dr. Jodie Gawryluk, supervisor)
- Pauline Song (Clinical Lifespan, Dr. Erica Woodin, supervisor)
- **Rebecca Venditelli** (Clinical Neuropsychology, Dr. Colette Smart, supervisor)
- Ryan Wong (Clinical Lifespan, Dr. Bonnie Leadbeater, supervisor)

We are happy to welcome these students to the program and we look forward to introducing them to our practicum supervisor at this year's reception on November 19th at the University Club. *CLC*



Highlights Clinical Psychology Faculty Members



Dr. Mauricio Garcia-Barrera, R. Psych., joined the clinical psychology faculty in July 2008, and is a now an Associate Professor. His main clinical interest is in the area of neuropsychological assessment, in which he has generated several book chapters, publications, and presentations. His experience in this area earned him a position as Associate Editor for the APA journal, *Psychological Assessment*. His research interest focuses on the study of executive functioning. In a broad scope, he is interested in studying the relationship between executive function and development, its impairments, ecological assessment, its neuroanatomical correlates, how it relates to other higher functions, and particularly, how it contributes to learning and behavioral self-regulation. His ultimate goal is to contribute to the literature with alternative ways to better define the construct, in order to

create better instruments for its measurement and better intervention strategies. His research program also includes other areas of focus, including the assessment of cognitive sequelae of sports concussions in young adult athletes, error monitoring in language disorders, electrophysiological markers of executive functioning, and the impact of healthy typical aging in executive functioning.

Some of his current papers include:

Garcia-Barrera, M. A., <u>Karr, J. E., Duran, V., Direnfeld, E.,</u> & Pineda, D. A. (in press). Cross-cultural validation of a behavioral screener for executive functions: Guidelines for clinical use among Colombian children with and without ADHD. *Psychological Assessment*. Advance online publication. Doi: http://dx.doi.org/10.1037/pas0000117

Garcia-Barrera, M. A. & Davidow, J. H. (2015). Anticipation in Stuttering: A Theoretical Model of the Nature of Stutter Prediction. Journal of Fluency Disorders. Advance online publication. Doi: http://dx.doi.org/10.1016/j.jfludis.2015.03.002

Ritchie, L. J., Mrazik, M., Alfano, D. P., Chase, D., Comper, P., Czarnota, M., Garcia-Barrera, M. A., Iverson, G. L., Maclean, M., Mendella, P. D., & Williams, T. S. (2015). The role of neuropsychology in the management of youth concussion in Canada. *Current Research: Concussion*, 2(1), 8-10.

<u>Jeznach, A.,</u> Tuokko, H., **Garcia-Barrera, M. A.,** & Stajduhar, K. (2015) Advance care plans among cognitively impaired older adults: Findings from the Canadian Study of Health and Aging (CSHA). *Canadian Journal on Aging*, 34(2), 165 – 175. Doi: http://dx.doi.org/10.1017/S0714980815000021

<u>Duggan, E. C.,</u> & **Garcia-Barrera, M. A.** (2015). Executive functioning and intelligence. In S. Goldstein, J. A. Naglieri, & D. Princiotta (Eds.), *Handbook of intelligence: Evolutionary theory, historical perspective, and current concepts* (pp. 435-458). New York: Springer Publishing Co. Doi: 10.1007/978-1-4939-1562-0_27

* NOTE: Underlined are the names of students leading or contributing to the publications



Highlights Clinical Practicum Site

We are lucky to have a large number of clinical practicum sites that provide a high level of training and supervision to our graduate students. As the practicum coordinator I have the opportunity to connect with these supervisors. I am continually impressed with the dedication and professionalism with which these individuals approach their supervisory role. This dedication is evident with our practicum site at the Victoria Child and Youth Mental Health Team. This site has regularly taken 1-2 practicum students/year. *LR*

Victoria Child and Youth Mental Health Team

Victoria Child and Youth Mental Health Services is an important practicum site for the UVic Clinical Psychology Program. The setting is an outpatient community mental health clinic funded and operated by the BC Ministry of Children and Family Development. Clients range in age from 3 to 18 years and present with acting out behaviours, attachment difficulties, anxiety disorders, mood disorders, personality disturbances, substance dependence, ADHD, learning disorders, and developmental disorders. Their team provides services in assessment, treatment and consultation to approximately 300 children and youth annually in the catchment area (core Victoria). The multidisciplinary team at Victoria Child and Youth Mental Health consists of psychologists, clinical social workers, a marriage and family therapist, Masters level clinicians, an occupational therapist, a part-time psychiatrist, and administrative support.

Part-time practicum opportunities are offered to clinical psychology graduate students who are seeking to complete their first therapy practicum (505) or advanced practicum (603) experience. Practicum students are exposed to a wide range of clinical experiences. They may conduct supervised clinical and behavioural assessments with children/adolescents and their parents. In addition, practicum students are supervised in developing and implementing treatment plans using evidence based interventions for children, youth and families, including CBT, IPT, and various parenting interventions. Individual, family, and group treatment formats are offered. Given the multidisciplinary nature of the team, the student will be exposed to interdisciplinary consultations. Practicum students are generally offered a range of clients and clinical experiences. Students may also benefit from occasional continuing education events. The supervision model used at Victoria CYMH involves a developmental approach and has the student, as appropriate, taking on an increasing level of responsibility and autonomy over their training experience.

Supervising psychologists include Dr. Alina Carter, Dr. Barbara Kennedy and Dr. Josh Slatkoff. Dr. Slatkoff is the practicum contact person for this site and the team is located at 302-2955 Jutland Road, Victoria, BC.



Highlights Students on Internship (2015-2016)

These students have worked hard to achieve a high level of clinical and professional competency. They have been supported during this period by numerous practicum supervisors and practicum settings. I want to acknowledge the hard work and dedication of both these students and their practicum supervisors! *LR*

Correne DeCarlo

Previous Practica: 503: UVic Psychology Clinic - Assessment, Victoria, BC

505: Atholl Malcolm & Assoc., Victoria, BC

505: Anxiety Disorder Clinic, Adult Mental Health Services, Victoria, BC

603: Neurosciences, Victoria General Hospital, Vancouver BC

603: GF Strong Rehabilitation Centre, Vancouver, BC

Current Internship: Calgary Clinical Psychology Program, Calgary, Alberta

Anna Jeznach

..............

Previous Practica: 503: UVic Psychology Clinic - Assessment, Victoria, BC

505: Canadian Forces Mental Health Services, Victoria, BC

505: Anxiety Disorder Clinic, Adult Mental health Services, Victoria, BC

603: Cognitive Rehabilitation, VGH, Victoria, BC

603: UVic Psychology Clinic - Assessment, Victoria, BC

Current Internship: Vancouver Coastal Health Neuropsychology Track, Vancouver, BC

Rylie Moore

Previous Practica: 503: UVic Psychology Clinic - Assessment, Victoria, BC

505: Victoria Child & Youth Mental Health Team, Victoria, BC

505: Anxiety Disorder Clinic, Adult Mental Health Services, Victoria, BC

603: Adult Psychiatric Forensics, Victoria, BC

Current Internship: Centre for Addiction & Mental Health, Toronto, ONT

......

Hope Walker

Previous Practica: 503: UVic Psychology Clinic - Assessment, Victoria, BC

505: Surrey CYMH Team, Surrey, BC

603: BC Children's Hospital, Outpatient OCD Clinic, Vancouver, BC

603: BC Children's Hospital, Medical Psychology Rotation, Vancouver, BC

603: BC Children's Hospital, Mental Health Rotation, Vancouver, BC

Current Internship: B.C. Children's Hospital, Vancouver, BC

CONGRATULATIONS!!

Psychology Clinic Journal Club Update



The Psychology Clinic Journal Club is sponsored by the Graduate Program in Clinical Psychology and the Psychology Clinic. Journal club meetings are held on campus at the Graduate Students' Centre from 5:15–6:45 p.m. on the third Wednesday of the month. The Journal Club reflects our intention to support and connect with Registered Ph.D. Psychologists within the Victoria area. It is also a mechanism for keeping in touch with and thanking community members who supervise our graduate students. Focusing discussion on research readings, the club assists local psychologists in meeting the CPBC required continuing education criteria

for *Structured Interactive Activities*, providing a venue to discuss clinical, professional, and ethical issues in relation to current clinical research and literature.

The articles chosen cover a wide variety of clinical topics (e.g., therapy, assessment, psychopathology, and ethics) representing the Clinical Psychology Program's lifespan-developmental perspective. Articles cover each of the following age groups: children and adolescents, adults, and older adults. The Psychology Clinic Director selects articles based upon feedback from the clinical faculty and journal club participants but tries when possible to emphasize ethics and clinical supervision.

To date this year the following articles have been discussed:

Date	Age Group	Article	
January 2015	Children & Adolescents	Dombrowski, S.C. & Gischlar, K.I. (2014) Ethical and empirical considerations in the identification of learning disabilities. <i>Journal of Applied School Psychology</i> . 30: 68-82.	
February 2015	Adults	Pettifor, J., Sinclair, C., & Falender, C.A. (2014) Ethical supervision: Harmonizing rules and ideals in a globalizing world. <i>Training and Education in Professional Psychology</i> . 8(4):201-210.	
March 2015	Older Adults	Janssen, B., Abma, T.A., & Van Regenmortel, T. (2014). Paradoxes in the care of older people in the community: Walking a tightrope. <i>Ethics and Social Welfare</i> . 8(1): 39-56.	
September 2015	Children & Adolescents	Nowrouzi, B., Manassis, K., Jones, E., Bobinski, T., & Mushquash, C.J. (2015). Translating anxiety-focused CBT for youth in a First Nations context in Northwestern Ontario. Journal of the Canadian Academy of Child and Adolescent Psychiatry. 24(1): 33-40.	
October 2015	Adults	Paprocki, C. M. (2014) When personal and professional values conflict: Trainee perspectives on tensions between religious beliefs and affirming treatment of LGBT clients, Ethics & Behavior, 24:4, 279-292	
November 2015	Older Adults	Karel, M.J., Altman, A.N., Zweig, R.A., & Hinrichsen, G.A. (2014). Supervision in Professional Geropsychology training: Perspectives of supervisors and supervisees. <u>Training and Education in Professional Psychology</u> . 8(1): 43-50.	

The journal club is open to all registered PhD psychologists in the Victoria area, who can join by emailing us at pcjclub@uvic.ca. We look forward to continuing to offer this service and seeing you all in the future. *LR*

Current Victoria Area Clinical Psychology Practicum Sites

Site	Emphasis	Supervising Psychologists (*contact person)
UVic Psychology Clinic	Assessment	Dr. Lisa VanBruggen, R. Psych.* Dr. Claire Sira, R. Psych. (until Dec 2015) Dr. Louise Fennel (starting Jan. 2016)
Youth Forensic Psychiatric Services	Assessment	Dr. James Sawchyn, R. Psych.* Dr. Scott Bezeau, R. Psych. Dr. Christine Schwartz, R. Psych. Dr. Marei Perrin, R.Psych. Dr. Louise Clark, R.Psych. (in Nanaimo)
UVic Counselling Services	Therapy	Dr. Rita Knodel, R. Psych. Dr. Ai-Lan Chia, R. Psych. Ms. Wendy Lum, M.A., Practicum Coordinator*
Victoria Child & Youth Mental Health	Therapy	Dr. Josh Slatkoff, R. Psych. * Dr. Alina Carter, R.Psych. Dr. Barbara Kennedy, R.Psych.
Saanich Child and Youth Mental Health	Therapy	Dr. Laurel Townsend, R. Rsych.* Dr. Kim Lane, R.Psych. Dr. Barbara Kennedy, R.Psych.
West Shore Child & Youth Mental Health	Therapy	Dr. Shirley Graham, R. Psych.*
Anxiety Disorder Clinic, Victoria Mental Health	Therapy	Dr. Eric Ochs, R. Psych.*
Preschool Assessment at Queen Alexandra Centre for Children's Health	Assessment	Dr. Mary Anne Leason, R. Psych.*
Neuropsychological Services at Queen Alexandra Centre for Children's Health	Assessment	Dr. Kelly Price, R. Psych. Dr. Chand Taneja, R. Psych*
A.T. Malcolm & Associates, private practice	Therapy	Dr. Tamara Goranson, R.Psych.* Dr. Leah Hatton, R.Psych.
Dr. Sylvain Boies, private practice	Therapy	Dr. Sylvain Boies, R.Psych.*
Forensic Psychiatric Services - Adult	Assessment/ Therapy	Dr. Tony Dugbartey, R. Psych.* Dr. Shauna Darcangelo, R. Psych. Dr. Heather Scott, R. Psych.
Outpatient Neurorehabilitation Services, Victoria General Hospital	Assessment/ Therapy	Dr. Karen Kit, R. Psych*.
Inpatient & Outpatient Mental Health Services at Queen Alexandra Centre for Children's Health	Assessment/ Therapy	Dr. Loren McMaster, R.Psych.* Dr. Alissa Schachtman, R.Psych. Dr. Laila Thaiss, R.Psych. Dr. Lisa Van Bruggen, R.Psych.
Mental Health Services/Canadian Forces Health Services Centre (Pacific)	Assessment/ Therapy	Dr. Ron Penner, R. Psych. Dr. Robert Kline, R. Psych. Dr. Sam Morgan, R. Psych. Dr. Janny Thompson, R. Psych. Mr. Mark Carter, Manager*
Outpatient DBT Program, Victoria Mental Health	Therapy	Dr. Elisabeth Hallam, R. Psych.*
Developmental Disability Mental Health Team	Assessment	Dr. James Hill, R.Psych.*

Note: We are hoping to add some new supervisors as well as new practicum sites to this list soon.

Current Clinical Psychology Faculty Members

Catherine Costigan, Ph.D., R. Psych., Associate Professor, Director of Clinical Training

Marion Ehrenberg, Ph.D., R. Psych., Associate Professor

Mauricio Garcia-Barrera, Ph.D., R. Psych., Associate Professor

Jodie Gawryluk, Ph.D., Assistant Professor

Kimberly Kerns, Ph.D., R. Psych., Associate Professor

Catherine Mateer, Ph.D., R. Psych., Professor, VP Academic and Provost

Lara Robinson, Ph.D., R. Psych., Assistant Teaching Professor, Clinic Director & Practicum Coordinator

Marsha Runtz, Ph.D., R. Psych., Associate Professor, Associate Dean of Graduate Studies

Colette Smart, Ph.D, R. Psych., Assistant Professor

Holly Tuokko, Ph.D., R. Psych., Professor

Erica Woodin, Ph.D., R. Psych., Assistant Professor

Laurie Fitzgerald, M.Sc., Psychometry Instructor

